

Hertfordshire Open Water Medals 2026				
5K	Male	Event	Female	
Championships		Championships		
Gold	Felipe Irvine	Gold	Meisha Trend-Evans	
Silver	Harry George	Silver	Jo Mitchinson	
Bronze	Zachary Bail	Bronze	Olivia Croft	
Junior Championships (15 and younger)		Junior Championships		
Gold		Gold	Olivia Croft	
Silver		Silver	Elliana Colbourne	
Bronze		Bronze	Cordelia Helm	
Age-groups		Age-groups		
13 -14yrs		13 -14yrs		
Gold		Gold	Cordelia Helm	
Silver		Silver		
Bronze		Bronze		
15 yrs		15 yrs		
Gold		Gold	Olivia Croft	
Silver		Silver	Elliana Colbourne	
Bronze		Bronze		
16 yrs		16 yrs		
Gold	Felipe Irvine	Gold	Elizabeth Balaam	
Silver	Harry George	Silver		
Bronze	Conor Gavin	Bronze		
17/18 yrs		17/18 yrs		
Gold	Zachary Bail	Gold	Lucy Randall	
Silver		Silver		
Bronze		Bronze		
19 yrs		19 yrs		
Gold		Gold		
Silver		Silver		
Bronze		Bronze		
20-24 years (Pre-masters - age-group, not masters medal)		20-24 years (Pre-masters - age-group, not masters medal)		
Gold		Gold	Meisha Trend-Evans	
Silver		Silver		
Bronze		Bronze		
Masters	Any of the age-groups to receive just a gold masters medal			
25-29,				
30-34,				
35-39,				
40-44,				
45-49,			Jo Mitchinson	
50-54,				
55-59,				
60-64				
65-69				
70-74				
75+				