

Hertfordshire Open Water Medals 2025			
3K	Male/Open	3K	Female
Championships		Championships	
Gold	Felipe Irvine	Gold	Elizabeth Balaam
Silver	Constantine Calliafas	Silver	Daisy Jubb
Bronze	Sam Farhi	Bronze	Emily Summers
Junior Championships		Junior Championships	
Gold	Felipe Irvine	Gold	Elizabeth Balaam
Silver	Constantine Calliafas	Silver	Daisy Jubb
Bronze	Sam Farhi	Bronze	Cassandra Pereira
Age-groups		Age-groups	
13 yrs		13 yrs	
Gold	-	Gold	-
Silver	-	Silver	-
Bronze	-	Bronze	-
14 yrs		14 yrs	
Gold	Constantine Calliafas	Gold	-
Silver	Sam Farhi	Silver	-
Bronze	Edward Beard	Bronze	-
15 yrs		15 yrs	
Gold	Felipe Irvine	Gold	Elizabeth Balaam
Silver	Bodhi Beckett	Silver	Daisy Jubb
Bronze	Conor Gavin	Bronze	Cassandra Pereira
16 yrs		16 yrs	
Gold	-	Gold	-
Silver	-	Silver	-
Bronze	-	Bronze	-
17-19		17-19 yrs	
Gold	-	Gold	Lauren King
Silver	-	Silver	Prisha Tapre
Bronze	-	Bronze	Rosie Hadfield
20-24 years (Pre-masters - age-group, not masters medal)		20-24 years (Pre-masters - age-group, not masters medal)	
Gold	-	Gold	Sophie Hadfield
Silver	-	Silver	-
Bronze	-	Bronze	-
Masters	Any of the age-groups to receive just a gold masters medal		
25-29,	-		Fiona Westcough
30-34,	-		-
35-39,	-		-
40-49,	Jason Mellors		Emily Summers
50-59,	Matthew Rafiq-Craske		Hilary Coulson
60+	-		-