

Open water medals 2024

3K

Male

Open Championships

Gold	Jake Lloyd	Bishops Stortford
Silver	William Barr	Royston
Bronze	Filipe Irvine	Watford

Junior Championships

Gold	William Barr	Royston
Silver	Filipe Irvine	Watford
Bronze	Charlie Stott	City of St Albans

Age-groups

14 years

Gold	Filipe Irvine	Watford
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15 years

Gold	Charlie Stott	City of St Albans
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16 years

Gold	William Barr	Royston
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Masters

25-29 years	Jake Lloyd	Bishops Stortford
50-59 years	Matthew Rafiq-Craske	Hemel Hempstead

3K

Female

Championships

Gold	Lauren King	Royston
Silver	Olivia Parr	Royston
Bronze	Lucy Randall	Royston

Junior Championships

Gold	Tara Shah	Bushey
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Age-groups

14 years

Gold	Tara Shah	Bushey
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16 years

Gold	Lauren King	Royston
Silver	Lucy Randall	Royston

17-19

Gold	Olivia Parr	Royston
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Masters

50-59	Hilary Coulson	Hemel Hempstead
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