

## Open water medals 2024

### 5K

#### Open Championships

Gold	Oliver Tom	Ware
Silver	Charlie Cropley	Hitchin
Bronze	Daniel Williams	Hatfield

#### Junior Championships

Gold	Filipe Irvine	Watford
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### Age-groups

#### 13-14 years

Gold	Filipe Irvine	Watford
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#### 16 years

Gold	Daniel Williams	Hatfield
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#### 17-18 years

Gold	Oliver Tom	Ware
Silver	Charlie Cropley	Hitchin
Bronze	Jeffrey Gill	Watford

#### Masters

50-59 years	Andy Cropley	Hitchin
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### 5K

#### Female Championships

Gold	Jess Keogh	Hatfield
Silver	Florence Crowley	City of St Albans
Bronze	Lucy Keens	Hoddesdon

#### Junior Championships

Gold	Tara Shah	Bushey
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### Age-groups

#### 13-14 years

Gold	Tara Shah	Bushey
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#### 17/18 years

Gold	Florence Crowley	City of St Albans
Silver	Charlotte Williams	Hatfield

#### 19 years

Gold	Lucy Keens	Hoddesdon
Silver	Felicity Carnell	City of St Albans

**20-24 years**

Gold

Jess Keogh

Hatfield

**Any of the age-groups to receive just a gold masters medal**