

# Championships

Open

Female

50 metre Backstroke				
Hitchin Trophy			George Edwards Memorial Trophy	
Matthew Aldred	Watford SC	2024	Charlotte Williams	Hatfield SC
Luke Flynn	Watford SC	2023	Errin Currie	Hatfield SC
Nathanial Mapley	City of St Albans ASC	2022	Niamh James	Bishop's Stortford SC
Jude Liddiard	City of St Albans ASC	2020	Mia Carter	Bishop's Stortford SC
Jude Liddiard	City of St Albans ASC	2019	Harriet CleMen'sts	Watford SC
Thomas Ogden	Bishop's Stortford SC	2019		
Daniel Chada	Bishop's Stortford SC	2018	Josie Pretious-White	Bishop's Stortford SC
Daniel Chada	Bishop's Stortford SC	2017	Mia Carter	Bishop's Stortford SC
Peter Webster	Hatfield SC	2016	Georgie Pryor	Hoddesdon SC
Will Kearsey	Hatfield SC	2015	Georgie Pryor	Hoddesdon SC
Martyn Walton	Hatfield SC	2014	Georgie Pryor	Hoddesdon SC
Martyn Walton	Hatfield SC	2013	Charlotte Reid	Hatfield SC
Caleb Hughes	Hatfield SC	2012	Lucy Charles	Hatfield SC
Alex Baker	Hatfield SC	2011	Lucy Charles	Hatfield SC
James Sutherland	Hatfield SC	2010	Flora Hanson	Hatfield SC
50 metre Breaststroke				
Price Trophy			Bishop's Stortford SC Trophy	
Matthew Aldred	Watford SC	2024	Charlotte Williams	Hatfield SC
Luke Flynn	Watford SC	2023	Ashley Ransome	Hatfield SC
Dominic Mccarthy	Hoddesdon SC	2022	Ashley Ransome	Hatfield SC
Lewis Shayler	Watford SC	2020	Louise Fiddes	Hatfield SC
Edward Loveman	City of St Albans ASC	2019	Erin O'Meara	Watford SC
Jack Christie	City of St Albans ASC	2018	Laura Copping	Hatfield SC
David Shipman	Potters Bar SC	2017	Abbie Hurst	Berkhamsted SC
Nathan Hughes	Hatfield SC	2016	Cira Fletcher	Bishop's Stortford SC
Ben Purcell	Hatfield SC	2015	Cira Fletcher	Bishop's Stortford SC
Ben Purcell	Hatfield SC	2014	Katie Armitage	Hatfield SC
Jonathan Quinn	Hatfield SC	2013	Charlotte Reid	Hatfield SC
Jonathan Quinn	Hatfield SC	2012	Katie Armitage	Watford SC
James Allchorne	Hatfield SC	2011	Emma Warrington	Hoddesdon SC
James Allchorne	Hatfield SC	2010	Emma Warrington	Hoddesdon SC
50 metre Butterfly				
Capt. John Smith Trophy			George & Vera Webster Trophy	
Matthew Aldred	Watford SC	2024	Emma Fields	Bishop's Stortford SC
Callum Cox	Bishop's Stortford SC	2023	Charlotte Williams	Hatfield SC
Cullum Davis	Bishop's Stortford SC	2022	Georgina Tallon	Potters Bar SC
Zachary Patel	Berkhamsted SC	2020	Sara Kalawska	Hatfield SC
Lucas Dyson-Diaz	Hatfield SC	2019	Georgina Tallon	Potters Bar SC
Callum Davis	Bishop's Stortford SC	2018	Georgina Tallon	Potters Bar SC
Ed Castro	Harpenden SC	2017	Elinah Phillip	Bishop's Stortford SC
Peter Webster	Hatfield SC	2016	Georgie Pryor	Hoddesdon SC
Freddie Woodcock	Hemel Hempstead SC	2015	Georgie Pryor	Hoddesdon SC
Jack Burchell	Hitchin SC	2014	Georgie Pryor	Hoddesdon SC
Edward Allchorne	Hatfield SC	2013	Georgina Pryor	Hoddesdon SC
Jonathan Quinn	Hatfield SC	2012	Lucy Charles	Hatfield SC
David Godridge	Watford SC	2011	Lucy Charles	Hatfield SC

James Sutherland/David Godridge	Hatfield SC/Watford SC	2010	Alison Binns	Watford SC
<b>50 metres Freestyle</b>				
<b>Roy Rogers Memorial Trophy</b>			<b>Roy Rogers Memorial Trophy</b>	
Ashley Coombes	Bushey ASC	2024	Laura Burgess	Bishop's Stortford SC
Ashley Coombes	Bushey ASC	2023	Charlotte Williams	Hatfield SC
Adam Martin	Potters Bar SC	2022	Jessica Woodward	Hatfield SC
Jude Liddiard	City of St Albans ASC	2020	Jessica Woodward	Hatfield SC
Reese Housden	Hatfield SC	2019	Jessica Woodward	Hatfield SC
Jack Christie	City of St Albans ASC	2018	Jessica Woodward	Hatfield SC
Jack Christie	Hemel Hempstead SC	2017	Elinah Phillip	Bishop's Stortford SC
Peter Webster	Hatfield SC	2016	Elinah Phillip	Bishop's Stortford SC
Will Kearsy	Hatfield SC	2015	Amy Godsave	Hoddesdon SC
Nico Campbell	Hatfield SC	2014	Jessica Jackson	Hatfield SC
Nico Campbell	Hatfield SC	2013	Jessica Jackson	Hatfield SC
Levi Lucas	Hatfield SC	2012	Emily Ridout	Hatfield SC
Levi Lucas	Hatfield SC	2011	Emily Ridout	Hatfield SC
David Godridge	Watford SC	2010	Emily Ridout	Hatfield SC
<b>100 metre Backstroke</b>				
<b>Braughing Trophy</b>			<b>Broxbourne Trophy</b>	
Matthew Aldred	Watford SC	2024	Charlotte Williams	Hatfield SC
Mathew Aldred	Watford SC	2023	Charlotte Williams	Hatfield SC
Benjamin Green	Watford SC	2022	Niamh James	Bishop's Stortford SC
Alexander Catton	Bishop's Stortford SC	2020	Lauren Stott	Hatfield SC
Jude Liddiard	City of St Albans ASC	2019	Niamh James	Bishop's Stortford SC
Daniel Murtagh	Hatfield SC	2018	Shannon Stott	Hatfield SC
Daniel Chada	Bishop's Stortford SC	2017	Mia Carter	Bishop's Stortford SC
Will Kearsy	Hatfield SC	2016	Ellie Mitchell	Bishop's Stortford SC
Will Kearsy	Hatfield SC	2015	Ellie Mitchell	Bishop's Stortford SC
Martyn Walton	Hatfield SC	2014	Georgie Pryor	Hoddesdon SC
Will Kearsy	Hatfield SC	2013	Charlotte Reid	Hatfield SC
Alex Baker	Hatfield SC	2012	Flora Hanson	Hatfield SC
Alex Baker	Hatfield SC	2011	Flora Hanson	Hatfield SC
John Sargent	Hatfield SC	2010	Flora Hanson	Hatfield SC
<b>100 metre Breaststroke</b>				
<b>Swingler Trophy</b>			<b>Audrey Henley Trophy</b>	
Daniel Holliss	City of St Albans ASC	2024	Ashley Ransome	Hatfield SC
Bengamin Taggart	Watford SC	2023	Ashley Ransome	Hatfield SC
Lewis Shayler	Watford SC	2022	Caitlin Hartley	Hatfield SC
Lewis Shayler	Watford SC	2020	Sophie Payne	Hatfield SC
Jude Liddiard	City of St Albans ASC	2019	Erin O'Meara	Watford SC
Jack Christie	City of St Albans ASC	2018	Laura Copping	Hatfield SC
David Shipman	Potters Bar SC	2017	Laura Copping	Hatfield SC
Nathan Hughes	Hatfield SC	2016	Cira Fletcher	Bishop's Stortford SC
Ben Purcell	Hatfield SC	2015	Lauren Baker	Hatfield SC
Ben Purcell	Hatfield SC	2014	Katie Armitage	Hatfield SC
Jonathan Quinn	Hatfield SC	2013	Charlotte Reid	Hatfield SC
Jonathan Quinn	Hatfield SC	2012	Katie Armitage	Watford SC
James Allchorne	Hatfield SC	2011	Emma Warrington	Hoddesdon SC
James Allchorne	Hatfield SC	2010	Emma Warrington	Hoddesdon SC
<b>100 metre Butterfly</b>				
<b>Hertfordshire ASA Trophy</b>			<b>Hertfordshire ASA Trophy</b>	

Matthew Aldred	Watford SC	2024	Emma Fields	Bishop's Stortford SC
Callum Cox	Bishop's Stortford SC	2023	Jessica Woodward	Hatfield SC
Callum Davis	Bishop's Stortford SC	2022	Jessica Woodward	Hatfield SC
Michael Klimaszewski	Hatfield SC	2020	Sara Kalawska	Hatfield SC
Lucas Dyson-Diaz	Hatfield SC	2019	Sara Kalawska	Hatfield SC
Lucas Dyson-Diaz	Hatfield SC	2018	Shannon Stott	Hatfield SC
James Woodward	Potters Bar SC	2017	Shannon Stott	City of St Albans ASC
Will Kearsley	Hatfield SC	2016	Georgie Pryor	Hoddesdon SC
Jake Lloyd	Bishop's Stortford SC	2015	Michelle Mitchell	Hatfield SC
Matthew Williams	Watford SC	2014	Georgie Pryor	Hoddesdon SC
Edward Allchorne	Hatfield SC	2013	Georgina Pryor	Hoddesdon SC
Edward Allchorne	Hatfield SC	2012	Georgina Pryor	Hoddesdon SC
Edward Allchorne	Hatfield SC	2011	Katie Ambridge	Hatfield SC
Adam Ingledew	Hatfield SC	2010	Katie Ambridge	Hatfield SC

### 100 metre Freestyle

Rickmansworth Trophy			Falloon Trophy	
Matthew Aldred	Watford SC	2024	Lucy Wheeler	Bishop's Stortford SC
Ashley Coombes	Bushey ASC	2023	Lucy Wheeler	Bishop's Stortford SC
Reese Housden	Hemel Hempstead SC	2022	Jessica Woodward	Hatfield SC
Reese Housden	Hemel Hempstead SC	2020	Jessica Woodward	Hatfield SC
Michael Ripper	City of St Albans ASC	2019	Georgina Tallon	Potters Bar SC
Luke Turley	Hatfield SC	2018	Amy Godsave	Hatfield SC
James Woodward	Potters Bar SC	2017	Katie Conyers	Potters Bar SC
Nathan Hughes	Hatfield SC	2016	Georgie Pryor	Hoddesdon SC
Will Kearsley	Hatfield SC	2015	Amy Godsave	Hoddesdon SC
Martyn Walton	Hatfield SC	2014	Jessica Jackson	Hatfield SC
Caleb Hughes	Hatfield SC	2013	Jessica Jackson	Hatfield SC
Caleb Hughes	Hatfield SC	2012	Shauna Lee	Hatfield SC
David Godridge	Watford SC	2011	Shauna Lee	Hatfield SC
Adam Ingledew	Hatfield SC	2010	Lucy Charles	Hoddesdon SC

### 100 metre Individual Medley

Matthew Aldred	Watford SC	2024	Charlotte Williams	Hatfield SC
Luke Flynn	Watford SC	2023	Charlotte Williams	Hatfield SC
Callum Davis	Bishop's Stortford SC	2022	Charlotte Williams	Hatfield SC

### 200 metre Backstroke

Mead Trophy			C Delmain Wavepack Trophy	
Matthew Aldred	Watford SC	2024	Amy Harper	Watford SC
Matthew Aldred	Watford SC	2023	Jessica Keogh	Hatfield SC
Jago Derrington	Bishop's Stortford SC	2022	Niamh James	Bishop's Stortford SC
Alexander Horne	City of St Albans ASC	2020	Lauren Stott	Hatfield SC
Jude Liddiard	City of St Albans ASC	2019	Jessica Keogh	Hatfield SC
Max Jelfs	Hatfield SC	2018	Lauren Stott	Hatfield SC
Daniel Chada	Bishop's Stortford SC	2017	Lauren Stott	City of St Albans ASC
Peter Webster	Hatfield SC	2016	Shannon Stott	City of St Albans ASC
Ben Harrison	Potters Bar SC	2015	Ellie Mitchell	Bishop's Stortford SC
Martyn Walton	Hatfield SC	2014	Georgie Pryor	Hoddesdon SC
Martyn Walton	Hatfield SC	2013	Flora Hanson	Hatfield SC
Caleb Hughes	Hatfield SC	2012	Flora Hanson	Hatfield SC
Jack Spence	Watford SC	2011	Flora Hanson	Hatfield SC
John Sargent	Hatfield SC	2010	Flora Hanson	Harpenden SC

### 200 metre Breaststroke

Hertfordshire ASA Trophy			Casey Trophy		
Daniel Holliss	City of St Albans ASC	2024	Ella Greatbatch	Bishop's Stortford SC	
Daniel Holliss	City of St Albans ASC	2023	Caitlin Hartley	Hatfield SC	
Daniel Holliss	City of St Albans ASC	2022	Kirsty Neill	Bishop's Stortford SC	
Lewis Shayler	Watford SC	2020	Sophie Payne	Hatfield SC	
Ralph Muncer	City of St Albans ASC	2019	Sophie Payne	Hatfield SC	
William Loveman	City of St Albans ASC	2018	Laura Copping	Hatfield SC	
David Shipman	Potters Bar SC	2017	Sophie Payne	Hatfield SC	
Nathan Hughes	Hatfield SC	2016	Laura Copping	Hatfield SC	
Ben Purcell	Hatfield SC	2015	Maddie Churchman	Hatfield SC	
Ben Purcell	Hatfield SC	2014	Lily West	Hatfield SC	
Ben Purcell	Hatfield SC	2013	Charlotte Reid	Hatfield SC	
Ethan Lamb	Hatfield SC	2012	Katie Armitage	Watford SC	
Andrew Egan	Hatfield SC	2011	Emma Warrington	Hoddesdon SC	
Andrew Egan	Hatfield SC	2010	Emma Warrington	Hoddesdon SC	
200 metre Butterfly					
Webster Trophy			Fowler Trophy		
Matthew Aldred	Watford SC	2024	Ever Ives	Hatfield SC	
Jack Barnard	Potters Bar SC	2023	Florence Crowley	City of St Albans ASC	
Jason Ho	Hatfield SC	2022	Florence Crowley	City of St Albans ASC	
Michael Klimaszewski	Hatfield SC	2020	Sara Kalawska	Hatfield SC	
Michael Klimaszewski	Hatfield SC	2019	Sara Kalawska	Hatfield SC	
Max Jelfs	Hatfield SC	2018	Lauren Stott	Hatfield SC	
James Woodward	Potters Bar SC	2017	Shannon Stott	City of St Albans ASC	
Nathan Hughes	Hatfield SC	2016	Shannon Stott	City of St Albans ASC	
Jake Lloyd	Bishop's Stortford SC	2015	Shannon Stott	City of St Albans ASC	
Liam Curran	City of St Albans ASC	2014	Lily West	Hatfield SC	
Jake Lloyd	Hatfield SC	2013	Lily West	Hatfield SC	
Edward Allchorne	Hatfield SC	2012	Lucy Charles	Hatfield SC	
Edward Allchorne	Hatfield SC	2011	Michelle Mitchell	Hatfield SC	
Sam Munkley	Hatfield SC	2010	Lucy Charles	Hoddesdon SC	
200 metre Freestyle					
Summers Trophy			Swimmers Parents and Supporters Ass.		
Matthew Aldred	Watford SC	2024	Laura Burgess	Bishop's Stortford SC	
Daniel Belsey	Hatfield SC	2023	Lucy Wheeler	Bishop's Stortford SC	
Sami Zemzani	Bishop's Stortford.SC	2022	Jana Spinner	Hatfield SC	
Michael Klimaszewski	Hatfield SC	2020	Jessica Woodward	Hatfield SC	
Reese Housden	Hatfield SC	2019	Jessica Woodward	Hatfield SC	
Reese Housden	Hatfield SC	2018	Laura Copping	Hatfield SC	
Reese Housden	Hatfield SC	2017	Shannon Stott	City of St Albans ASC	
Nathan Hughes	Hatfield SC	2016	Molly Francis	Hatfield SC	
Josh Duggan	Hatfield SC	2015	Jessica Jackson	Hatfield SC	
Martyn Walton	Hatfield SC	2014	Jessica Jackson	Hatfield SC	
Martyn Walton	Hatfield SC	2013	Abby Smith	Harpenden SC	
Caleb Hughes	Hatfield SC	2012	Lucy Charles	Hatfield SC	
Jonathan Quinn	Hatfield SC	2011	Lucy Charles	Hatfield SC	
Sean Leahy	Hatfield SC	2010	Phillipa Hardy	Hatfield SC	
200 metre Individual Medley					
Stinton Trophy			Simpson Trophy		
Matthew Aldred	Watford SC	2024	Charlotte Williams	Hatfield SC	
Jason Ho	Hatfield SC	2023	Charlotte Williams	Hatfield SC	
William Loveman	City of St Albans ASC	2022	Jessica Woodward	Hatfield SC	

Mehdi El Mansar	Bishop's Stortford SC	2020	Jessica Woodward	Hatfield SC
Jude Liddiard	City of St Albans ASC	2019	Erin O'Meara	Watford SC
James Woodward	Hatfield SC	2018	Laura Copping	Hatfield SC
James Woodward	Potters Bar SC	2017	Laura Copping	Hatfield SC
Nathan Hughes	Hatfield SC	2016	Laura Copping	Hatfield SC
Josh Duggan	Hatfield SC	2015	Ellie Mitchell	Bishop's Stortford SC
Caleb Hughes	Hatfield SC	2014	Katie Armitage	Hatfield SC
Caleb Hughes	Hatfield SC	2013	Charlotte Reid	Hatfield SC
Caleb Hughes	Hatfield SC	2012	Flora Hanson	Hatfield SC
Jonathan Quinn	Hatfield SC	2011	Charlotte Reid	Hatfield SC
Sean Leahy	Hatfield SC	2010	Flora Hanson	Hatfield SC

#### 400 metre Freestyle

Hertfordshire ASA Trophy			Hertfordshire ASA Trophy		
Daniel Belsey	Hatfield SC	2024	Cailin Hehir	Watford SC	
Jason Ho	Hatfield SC	2023	Jessica Keogh	Hatfield SC	
Jago Derrington	Bishop's Stortford SC	2022	Amy Pemberton	Berkhamsted SC	
Michael Klimaszewski	Hatfield SC	2020	Erin O'Meara	City of St Albans ASC	
Michael Klimaszewski	Hatfield SC	2019	Erin O'Meara	Watford SC	
Max Jelfs	Hatfield SC	2018	Alice Fender	Hemel Hempstead SC	
James Woodward	Potters Bar SC	2017	Shannon Stott	City of St Albans ASC	
Nathan Hughes	Hatfield SC	2016	Tegan Wollaston	Cheshunt SC	
Josh Duggan	Hatfield SC	2015	Shannon Stott	City of St Albans ASC	
Martyn Walton	Hatfield SC	2014	Pippa Shuttleworth	Hatfield SC	
Caleb Hughes	Hatfield SC	2013	Grace Lee	Hatfield SC	
Caleb Hughes	Hatfield SC	2012	Pippa Shuttleworth	Hatfield SC	
Caleb Hughes	Hatfield SC	2011	Lucy Charles	Hatfield SC	
Lawrence Lowman	Hatfield SC	2010	Lucy Charles	Hoddesdon SC	

#### 400 metre Individual Medley

Parsons Trophy			Haines Trophy		
Matthew Aldred	Watford SC	2024	Ever Ives	Hatfield SC	
Daniel Holliss	City of St Albans ASC	2023	Kate Hopper	Berkhamsted SC	
Ethan Howard	Potters Bar SC	2022	Niamh James	Bishop's Stortford SC	
Jude Liddiard	City of St Albans ASC	2020	Erin O'Meara	City of St Albans ASC	
Michael Klimaszewski	Hatfield SC	2019	Erin O'Meara	Watford SC	
Ralph Muncer	City of St Albans ASC	2018	Laura Copping	Hatfield SC	
Charlie Rayner	Hatfield SC	2017	Laura Copping	Hatfield SC	
Nathan Hughes	Hatfield SC	2016	Amy Young	Bishop's Stortford SC	
Ben Harrison	Potters Bar SC	2015	Lily West	Hatfield SC	
Ben Purcell	Hatfield SC	2014	Pippa Shuttleworth	Hatfield SC	
Martyn Walton	Hatfield SC	2013	Flora Hanson	Hatfield SC	
Caleb Hughes	Hatfield SC	2012	Lucy Charles	Hatfield SC	
James Allchorne	Hatfield SC	2011	Pippa Shuttleworth	Hatfield SC	
Sean Leahy	Hatfield SC	2010	Carolyn Astbury	Watford SC	

#### 800 metre Freestyle

			Aubrey Arnold Memorial Trophy		
Daniel Belsey	Hatfield SC	2024	Ever Ives	Hatfield SC	
Daniel Belsey	Hatfield SC	2023	Meisha Trend-Evans	Bishop's Stortford SC	
Ethan Howard	Potters Bar SC	2022	Gabriela Gomez Pavon	Potters Bar SC	
Jude Liddiard	City of St Albans ASC	2020	Billie Grant	Hatfield SC	
		2019	Lily Merrett	City of St Albans ASC	
		2018	Lily Merrett	Hoddesdon SC	
		2017	Alice Fender	Hemel Hempstead SC	

		2016	Amy Young	Bishop's Stortford SC
		2015	Tegan Wollaston	Cheshunt SC
		2014	Pippa Shuttleworth	Hatfield SC
		2013	Victoria Pritchard	Hatfield SC
		2012	Pippa Shuttleworth	Hatfield SC
		2011	Lucy Charles	Hatfield SC
		2010	Carolyn Astbury	Watford SC
<b>1500 metre Freestyle</b>				
<b>Stevenage Swim Stall Trophy</b>				
Daniel Belsey	Hatfield SC	2024	Ever Ives	Hatfield SC
Jason Ho	Hatfield SC	2023	Cailin Hehir	Watford SC
Jason Ho	Hatfield SC	2022	Antonia Jubb	Hatfield SC
Daniel English	Hitchin SC	2020	Lily Merrett	City of St Albans ASC
Jude Liddiard	City of St Albans ASC	2019		
Max Jelfs	Hatfield SC	2018		
Max Jelfs	Hatfield SC	2017		
Nathan Hughes	Hatfield SC	2016		
Luke Turley	Hatfield SC	2015		
Martyn Walton	Hatfield SC	2014		
Bradley Slavinec	Hatfield SC	2013		
Caleb Hughes	Hatfield SC	2012		
Aydin Berki	Hatfield SC	2011		
Lawrence Lowman	Hatfield SC	2010		

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