



## Swim England Hertfordshire County Championships 2024

### TIMINGS (Revised)

#### Saturday 27<sup>th</sup> @ The Venue

Core Team	11:00 – 12:00
Volunteers	12:15
Coaches	12:30
Swimmers	12:45

#### SESSION 6

Warm Up	13:15
Safety Announcement	14:00
Test Start	
National Anthem	
Start Racing	14:10
Finish Racing	17:00

Break	17:00 – 17:30
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#### SESSION 7 – Timings are NO EARLIER THAN

Warm Up	17:30
Safety Announcement	18:15
Test Start	
Start Racing	18:25
Finish	21:23

#### Sunday 28<sup>th</sup> @ The Venue

Core Team	07:30 – 08:00
Volunteers	08:00
Coaches	08:15
Swimmers	08:30

#### SESSION 8

Warm Up	08:45
Safety Announcement	09:30
Test Start	
National Anthem	
Start Racing	09:40
Finish Racing	12:40
Break	12:40 – 13:10



### SESSION 9 – Timings are NO EARLIER THAN

Warm Up	13:10
Safety Announcement	13:55
Test Start	
Start Racing	14:05
Finish	16:54

### Saturday 3<sup>rd</sup> @ Westminster Lodge : LONG DISTANCE

**Need to hold EVERYONE in the foyer until 18:00**

Core Team	17:00
Volunteers	17:30
Coaches	17:45
Swimmers	18:00

### SESSION 10

Warm Up	18:15
Safety Announcement	18:40
Test Start	
National Anthem	
Start Racing	18:50
Finish	21:39 (8 lanes)

Where there are two sessions on the same day, swimmers only swimming in the second session and coaches/team managers for the second session should not enter the pool hall until the previous session has finished.

