

## Open Water Championships and Age-Groups 2019

### Event 4

5K

#### Male

##### Championships

Gold	Ben Harrison	Potters Bar
Silver	Saric Lewington	Hatfield
Bronze	Ethan Sutton	Watford

##### Junior Championships

Gold	Saric Lewington	Hatfield
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##### Age-groups

###### 16 years

Gold	Saric Lewington	Hatfield
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###### 17-18 yrs

Gold	Ethan Sutton	Watford
Silver	James Irvine	Watford
Bronze	Cameron Clark	Bushey

###### 19 years

Gold	Ben Harrison	Potters Bar
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###### M25-29 yrs

Gold	Oliver Carrington	Watford
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### Event 4

#### Female

##### Championships

Gold	Billie Grant	Hatfield
Silver	Eleanor Mason	Bishops Stortford
Bronze	Lara Fahy	Hoddesdon

##### Junior Championships

5K

Gold	Eleanor Mason	Bishops Stortford
Silver	Lara Fahy	Hoddesdon
Bronze	Jessica Warne	Watford

##### Age-groups

###### 13-14 years

Gold	Jessica Warne	Watford
Silver	Destiny Carnell	Watford

###### 16 years

Gold	Eleanor Mason	Bishops Stortford
Silver	Lara Fahy	Hoddesdon
Bronze	Caitlin Hine	Watford

###### 17-18 yrs

Gold	Billie Grant	Hatfield
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