



# Masters Championships 2023

(Affiliated to Swim England East Region)  
(Held under ASA Laws and Regulations and ASA Technical Rules of Racing)  
**President: Jane O'Brien**

**Please pass this information promptly to the person in your club who deals with the masters swimming entries.**

Dear Clubs,

11<sup>th</sup> July 2023

This year's master's competition will be held at **Stevenage Swimming Centre, St Georges Way, Stevenage, Hertfordshire, SG1 1XY** on **Saturday 23<sup>rd</sup> September 2023**. Doors will open at 5:30pm with the warm-up commencing at 6pm. The women will be first to warm-up which will begin at 6pm and end at 6:20pm; the men's warm-up will follow at 6:20pm and will end at 6:40pm. The competition will start promptly at 6:45pm.

## Age Groups

The age groups for both Men and Women are shown in the table below; the gala will be swum age as of the **31<sup>st</sup> December 2023**.

Group	Age Group	Group	Age Group
Group "S"	18 to 24 years	Group "H"	60 to 64 years
Group "A"	25 to 29 years	Group "J"	65 to 69 years
Group "B"	30 to 34 years	Group "K"	70 to 74 years
Group "C"	35 to 39 years	Group "L"	75 to 79 years
Group "D"	40 to 44 years	Group "M"	80 to 84 years
Group "E"	45 to 49 years	Group "N"	85 to 89 years
Group "F"	50 to 54 years	Group "O"	90 to 94 years
Group "G"	55 to 59 years	Group "P"	95 to 99 years

All age groups ages shall be at the **31<sup>st</sup> December 2023**.

All swimmers in the Group "S", shall be 18 years old on the first day of competition and up to 24 years of age as of the **31<sup>st</sup> December 2023**

Please be sure that swimmers are aware and comply with the age requirements of Group "S".

## Individual Events

The events will be 50m in all strokes and 100 Individual Medley for both Men and Women. The programme of events is;

Event 1	Women's 100m Individual Medley
Event 2	Men's 100m Individual Medley
Event 3	Women's 50m Backstroke
Event 4	Men's 50m Backstroke
Event 5	Women's 50m Breaststroke
Event 6	Men's 50m Breaststroke
Event 7	Women's 50m Butterfly
Event 7	Men's 50m Butterfly
Event 9	Women's 50m Freestyle
Event 10	Men's 50m Freestyle

All swimmers will be seeded based on their entry times, and results will be split out into the relevant age groups as per the age groups shown in the above table.

### Team Events

There will be team events which will take place after the individual events have finished, these will be swum in the order of Women's event then Men's event, apart from the Mixed Relay which will be comprised of two women and two men of which the aggregate age should equate to 160 years or above, however it does not matter which gender swims which stroke. All of the relays have a minimum aggregate age of which the swimmers competing must equate to the specified age or calculate higher than the specified age.

The strokes for the Medley Relays will be swum in line with ASA Laws and Regulations and ASA Technical Rules of Racing. The Medley Relay will comprise of all 4 strokes in the order of, Backstroke, Breaststroke, Butterfly and Freestyle.

The orders of events are as follows.

Event 11	Women's 4x25m Freestyle Team- minimum aggregate age – 165yrs
Event 12	Men's 4x25m Freestyle Team- minimum aggregate age – 165yrs
Event 13	Women's 4x50m Freestyle Team – minimum aggregate age – 140yrs
Event 14	Men's 4x50m Freestyle Team – minimum aggregate age – 140yrs
Event 15	Women's 4x50 Freestyle Team – minimum aggregate age – 72yrs
Event 16	Men's 4x50 Freestyle Team – minimum aggregate age – 72yrs
Event 17	Mixed 4x25m Medley Team (2 Women & 2 Men) – minimum aggregate age – 160yrs
Event 18	Women's 4x50m Medley Team – minimum aggregate age – 72yrs
Event 19	Men's 4x50m Medley Team – minimum aggregate age – 72yrs

Those swimmers who are only in the Group "S" (18 to 24years) age group category, can swim only in the relays marked as 72yrs +, they will **NOT** be able to swim in the other aggregate age categories.

Please enter your relay teams into the Sportsys entry file declaring the order of swimmers within the file and use the relay declaration forms to notify us of any changes to the order of your relay team.

Relay declaration forms will be made available within the entry pack and will also be available on the day of competition. The order of each relay should be declared at the recorders desk of the form provided and submitted to the recorder by 6:15pm at the latest; however, you can submit your relay declaration by email to [entries@swimherts.org](mailto:entries@swimherts.org) by **20<sup>th</sup> September 2023**.

### Eligibility

It should be noted that these are "closed" competitions and are only open to those who meet the eligibility conditions laid down by Swim England Hertfordshire. This means that athletes must be *bona fide* members of your club and **Swim England Registered Athletes In the name of the club at the time their entry is submitted.** Failure to comply with these requirements means that a swimmer is not eligible to enter. **Where swimmers are members of multiple clubs they must opt to compete in the name of one club only throughout the championships, this refers to both individual and relay events.**

### Entry Fees and Forms

The entry fee for each individual event is £4.00 and for each team event is £10.00. Entry forms are included within this entry pack.

There will be no charge for spectator admission.

### Entries

Entries should be made through using Sportsys Entry Manager, and should be submitted in an electronic entry file to the entries officer. Individual event entries and team entries should be made through using Sportsys Entry Manager and submitted via your club. Entries for relays should be made using age groups suggested on the entry forms

Entries from individual swimmers can be made via an entry form and will be accepted at the discretion of the Masters Swimming Manager. On this entry form you must give all details including full name, date of birth, Swim England Membership Number, Club Name and the events you wish to enter and times for these events.

Instructions for using Sportsys Entry Manager are included within the entry pack. If you do not have Sportsys Entry Manager it can be downloaded for free from the Sportsys website using the following link; [http://www.sportsys.co.uk/?page\\_id=112](http://www.sportsys.co.uk/?page_id=112) and send the entries to the entry officer at ([entries@swimherts.org](mailto:entries@swimherts.org)) A report will be sent to clubs confirming receipt of entries which will display who has entered and the events they have entered in, this is not a list of accepted entries. An accepted entries list will be published as soon as possible after the closing date and sent out to each club.

**It is the responsibility of the Club and Swimmers to check the report and ensure all details are correct and report any errors or omissions immediately to the entries officer.**

Only 1 file per club will be accepted so please ensure that it is correct and complete before it is sent to the entries officer.

The closing date for entries is the **18<sup>th</sup> September 2023**. Please remember this is the absolute latest date on which entries can be accepted – earlier entry files will be gratefully received!!

### **Payment**

Payment MUST be made via BACS transfer or an electronic transfer using your internet banking facility. The payment MUST be made into the Swim England Hertfordshire Bank Account

Sort Code – 30-97-24

Account Number – 07128220

Reference – “*CLUB NAME*”

A full set of payment details and instructions are included in this entry pack, please follow these instructions so we can keep track of payments.

Please email the finance officer declaring the **amount paid, purpose and date of payment**. Please email this information to [finance@swimherts.org](mailto:finance@swimherts.org)

### **On the Day**

There will be NO requirement to sign-in.

Withdrawals should be emailed to the entries officer by Friday 22<sup>nd</sup> September 2023. Withdrawals can also be made on the day and given to the recorders desk on the forms supplied; withdrawals on the day must be made by 6:15pm at the latest.

### **Results**

All events are decided on a Heat Declared Winner basis, there will be no finals. In every individual event all swimmers from all age groups will be listed in the programme in graduated (seeded) time order, slowest to fastest, according to the submitted entry times. The heats will be spearheaded with the fastest swimmer in each heat in Lane 4. Competitors will therefore swim against those with similar entry times irrespective of age group. Subsequently, the winner of the Age Group will be determined from the times recorded.

Points will be awarded in each event for the overall placings in each age group; points will be awarded to the top 8 swimmers in each event in each age group. Points will be awarded as follows;

<b>Place</b>	<b>Points</b>
1 <sup>st</sup>	8pts
2 <sup>nd</sup>	7pts
3 <sup>rd</sup>	6pts
4 <sup>th</sup>	5pts
5 <sup>th</sup>	4pts
6 <sup>th</sup>	3pts
7 <sup>th</sup>	2pts
8 <sup>th</sup>	1pts

The team with the highest aggregate points will be awarded the “McMullen Trophy” at the end of the competition.

**Following the Competition, the results will be uploaded to the Swim England/British Swimming Masters Rankings database. The rankings database will automatically reject any swimmers whose details do not match exactly those on their registration card and so their times will not be included on rankings.**

**Medals**

Swimmers who win each individual event in each individual age group will be awarded gold medals which will be available from the medals table which is situated on poolside.

A full set of the Swim England Hertfordshire Masters County Swimming conditions have been supplied in this entry pack.

We look forward to receiving your entries and seeing you on the 23<sup>rd</sup> September 2023.

Yours Sincerely

**Andrew MacDonald**

Swim England Hertfordshire Masters Manager

[masters@swimherts.org](mailto:masters@swimherts.org)

Tel: 07891585041



# Masters Championships 2023

(Affiliated to Swim England East Region)

## ENTRY FORM - INDIVIDUAL EVENTS

To be completed in block capitals

### PERSONAL DETAILS

Forename \_\_\_\_\_ Surname \_\_\_\_\_

Full Address \_\_\_\_\_

Post Code \_\_\_\_\_ Date of Birth \_\_\_\_\_

Club \_\_\_\_\_ Your email address \_\_\_\_\_

Male/Female \_\_\_\_\_ Swim England Registration No. 

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### AGE GROUP – tick the appropriate box

Group	Age Group	Group	Age Group
Group "S"	18 to 24 years	Group "H"	60 to 64 years
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Group "F"	50 to 54 years	Group "O"	90 to 94 years
Group "G"	55 to 59 years	Group "P"	95 to 99 years

Swimmers in Group "S" must be between 18 years on the day of the competition and 24 years of age as at 31 December in the year of the competition

EVENT(S) - please insert your entry time for the relevant event(s), NTs will be accepted at the discretion of the Masters Manager

Event	50m FREE	50m BACK	50m BREAST	50m B'FLY	100m Ind. Medley
Entry Time					

ENTRY FEE: £4.00 per event

**DECLARATION** I understand that only **fully and correctly completed** entries which are in the hands of the person named below **by the closing date of 18<sup>th</sup> September 2023**, will be accepted.

I hereby declare that:

- I am a member of the above club and an Swim England Registered Competitor in the name of that club
- I accept and will abide by the Conditions laid down by the Swim England Hertfordshire.
- I will comply with all Swim England Hertfordshire and pool management safety conditions
- All the particulars I have given are correct.

Signed \_\_\_\_\_ Date: \_\_\_\_\_  
Competitor

Email address for Club Representative to receive entry report: \_\_\_\_\_

### SENDING OF ENTRIES

Clubs should send their entries electronically to the Entries Officer (see below) using the Sportsys entry manager.

This file must be **received** by the Entries Officer **by 18<sup>th</sup> September 2023 at the latest**.

Club representatives must pay by electronic funds transfer, (see information sheet on Paying Swim England Hertfordshire electronically). Payment should cover all individual entry fees.

Acknowledgement of acceptance will be indicated by the issue of a report to your Club.

Total entry fees £
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### RELAY SWIMMER DECLARATION FORM

Relay Declaration forms have to be handed into the recorders desk by 6:15pm on the day of competition, the form should be filled in completely. You may also send in relay declaration forms to entries officer by 23<sup>rd</sup> September 2023 **please enter your relays in the entry files which are due in on the 18<sup>th</sup> September 2023** and use the declaration form to let us know of any changes to your relay teams.

<b>CLUB:</b>	
<b>MALE:</b> <input type="checkbox"/> <b>FEMALE:</b> <input type="checkbox"/> <b>MIXED:</b> <input type="checkbox"/>	<b>RELAY TEAM:</b> A <input type="checkbox"/> B <input type="checkbox"/>

#### Tick As Appropriate

AGE GROUP	165yrs	160yrs	140yrs	72yrs
4 x 50m Freestyle Team				
4 x 50m Medley Team				
4 x 25m Freestyle				
4 x 25m Medley (Mixed)				

**PRINT Names of swimmers in order of competing.**

Swimmer Order	72yrs+	140yrs+	160yrs+	165yrs+
1				
2				
3				
4				

Club Official's signature .....

Print Name .....

SEH Admin Checked	<input type="checkbox"/>
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**Notice of a withdrawal must be made on this form and handed in to the recorders desk/control room at the start of warm-up**

<b>CLUB</b>	
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<u>Event Number</u>	<u>Event</u>	<u>Gender – M / F</u>	<u>Name of Swimmer</u>	<u>Admin Check</u>

**COACH NAME:** \_\_\_\_\_ **COACH SIGNATURE:** \_\_\_\_\_