

Open water championships and age-groups 2016

3k Male

Championship

Max Jelfs	Gold	Hatfield
Harrison Newbury-Kemp	Silver	Hemel Hempstead
Christopher Cox	Bronze	Hemel Hempstead

Junior Championship

Max Jelfs	Gold	Hatfield
Harrison Newbury-Kemp	Silver	Hemel Hempstead
Christopher Cox	Bronze	Hemel Hempstead

Age-groups

13-16

Max Jelfs	Gold	Hatfield
Harrison Newbury-Kemp	Silver	Hemel Hempstead
Christopher Cox	Bronze	Hemel Hempstead

40-49

Duncan Hartley	Gold	Hatfield
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50-59

David Cox	Gold	Hemel Hempstead
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3K Female

Championship

Shannon Nichols	Gold	Watford
Rebecca Hartley	Silver	Hatfield
Heather Geers	Bronze	CoStA

Junior Championship

Shannon Nichols	Gold	Watford
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Age-groups

13-16

Shannon Nichols	Gold	Watford
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17-19

Heather Geers	Gold	CoStA
Catriona Cadenhead	Silver	CoStA

40-49

Rebecca Hartley	Gold	Hatfield
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Open water championships and age-groups 2016

800m Male

Championship

Sam Gaines	Gold	Hemel Hempstead
Ismail Rahim	Silver	Berkhamsted
James Cook	Bronze	CoStA

Junior Championship

Sam Gaines	Gold	Hemel Hempstead
Ismail Rahim	Silver	Berkhamsted
James Cook	Bronze	CoStA

Age-groups

13-14

Ismail Rahim	Gold	Berkhamsted
Kieran Cook	Silver	CoStA

15-16

Sam Gaines	Gold	Hemel Hempstead
James Cook	Silver	CoStA

800m Female

Championship

Gemma Hanson	Gold	Hatfield
Freya Beresford	Silver	Hemel Hempstead
Jazmyn Kursidim	Bronze	CoStA

Junior Championship

Gemma Hanson	Gold	Hatfield
Freya Beresford	Silver	Hemel Hempstead
Jazmyn Kursidim	Bronze	CoStA

Age-groups

11 to 12

Freya Beresford	Gold	Hemel Hempstead
Jazmyn Kursidim	Silver	CoStA
Frances Mann	Bronze	Stevenage

13-14

Gemma Hanson	Gold	Hatfield
Jessica Chadwick	Silver	CoStA

Open water championships and age-groups 2016

1500m Male

Championship

Nathan Bentley	Gold	Hatfield
Timothy Hughes	Silver	Hatfield
Cameron Clark	Bronze	Hemel Hempstead

Junior Championship

Timothy Hughes	Gold	Hatfield
Cameron Clark	Silver	Hemel Hempstead
Zane Blatt	Bronze	Cheshunt

Age-groups

12 to 16

Timothy Hughes	Gold	Hatfield
Cameron Clark	Silver	Hemel Hempstead
Zane Blatt	Bronze	Cheshunt

17-19

Nathan Bentley	Gold	Hatfield
Daniel Toy	Silver	Harpenden

40-49

Eugene Gormley	Gold	Potters Bar
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60+

Ian Bays	Gold	Potters Bar
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1500m Female

Championship

Lauren Young	Gold	Hatfield
Alice Fender	Silver	Hemel Hempstead
Natasha Bentley	Bronze	Hatfield

Junior Championship

Lauren Young	Gold	Hatfield
Alice Fender	Silver	Hemel Hempstead
Natasha Bentley	Bronze	Hatfield

Age-groups

12 to 16

Lauren Young	Gold	Hatfield
Alice Fender	Silver	Hemel
Natasha Bentley	Bronze	Hatfield

17-19

Chloe Purkis	Gold	Hemel
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40-49

Rebecca Hartley	Gold	Hatfield
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Open water championships and age-groups 2016

5k Male

Championship

Harrison Lees	Gold	Watford
Louis Hines	Silver	Watford
Steven Bright	Bronze	Watford

Junior Championship

Harrison Lees	Gold	Watford
Steven Bright	Silver	Watford
Tanin Kursidim	Bronze	CoStA

Age-groups

13-16

Harrison Lees	Gold	Watford
Steven Bright	Silver	Watford
Tanin Kursidim	Bronze	CoStA

17-19

Louis Hines	Gold	Watford
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50-59

Caerueth Shewell-Cc	Gold	Potters Bar
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5k Female

Championship

Abby Smith	Gold	Harpenden
Amber Hughes	Silver	Hatfield
Tegan Wollaston	Bronze	Cheshunt

Junior championship

Victoria Pope	Gold	Watford
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Age-groups

13-16

Victoria Pope	Gold	Watford
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17-19

Amber Hughes	Gold	Hatfield
Tegan Wollaston	Silver	Cheshunt
Katie Gormley	Bronze	Potters Bar

Pre-Masters

Abby Smith	Gold	Harpenden
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25-29

Heidi Gibbens	Gold	Hemel Hempstead
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40-49

Daniella Harrison	Gold	Potters Bar
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